

# The South Australian Little Athletics Association Inc 2011/2012 State Individual Championships

## Proposed Program Saturday 24<sup>th</sup> March 2012

<b>Under 9 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 9 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
11	Shot Put	FINAL	9:45	9:00	12	Shot Put	FINAL	9:45	9:00
34	100m	HEAT	10:54	8:00	33	100m	HEAT	10:48	8:05
43	High Jump	FINAL	11:30	10:00	44	High Jump	FINAL	11:30	10:00
87	400m	HEAT	14:06	9:30	88	400m	HEAT	14:12	9:36
104	100m	FINAL	15:06	18:00	103	100m	FINAL	15:03	18:02
119	400m	FINAL	16:03	18:40	118	400m	FINAL	16:00	18:42
<b>Under 10 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 10 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
22	100m	HEAT	10:18	8:10	20	100m	HEAT	10:12	8:15
27	Discus	FINAL	10:30	8:30	28	Discus	FINAL	10:30	8:30
50	Long Jump	FINAL	11:40	9:45	51	Long Jump	FINAL	11:40	9:45
85	400m	HEAT	13:54	9:42	86	400m	HEAT	14:00	9:48
93	100m	FINAL	14:39	18:04	92	100m	FINAL	14:36	18:06
121	400m	FINAL	16:09	18:44	120	400m	FINAL	16:06	18:46
137	1100m Walk	FINAL	17:00	19:30	138	1100m Walk	FINAL	17:00	19:30
<b>Under 11 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 11 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
1	Triple Jump	FINAL	9:30	8:30	2	Triple Jump	FINAL	9:30	8:30
31	800m	FINAL	10:40	8:50	30	800m	FINAL	10:34	8:55
38	100m	HEAT	11:06	8:20	35	100m	HEAT	11:00	8:25
45	Shot Put	FINAL	11:30	10:00	46	Shot Put	FINAL	11:30	10:00
59	400m	HEAT	12:36	9:54	58	400m	HEAT	12:30	10:00
65	High Jump	FINAL	13:00	18:00	66	High Jump	FINAL	13:00	18:00
105	100m	FINAL	15:09	18:08	102	100m	FINAL	15:00	18:10
123	400m	FINAL	16:15	18:48	122	400m	FINAL	16:12	18:50
139	1100m Walk	FINAL	17:10	19:40	140	1100m Walk	FINAL	17:10	19:40
<b>Under 12 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 12 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
3	Javelin	FINAL	9:30	8:00	10	800m	FINAL	9:42	9:05
13	800m	FINAL	9:48	9:00	24	100m	HEAT	10:24	8:35
29	100m	HEAT	10:30	8:30	32	Javelin	FINAL	10:45	10:00
63	400m	HEAT	12:48	10:06	60	400m	HEAT	12:42	10:12
73	Discus	FINAL	13:30	18:00	74	Discus	FINAL	13:30	18:00
101	100m	FINAL	14:57	18:12	100	100m	FINAL	14:54	18:14
114	Long Jump	FINAL	15:30	19:30	113	Long Jump	FINAL	15:25	19:30
132	400m	FINAL	16:39	18:52	131	400m	FINAL	16:36	18:54
141	1500m Walk	FINAL	17:20	19:50	142	1500m Walk	FINAL	17:20	19:50
<b>Under 13 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 13 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
9	800m	FINAL	9:36	9:10	4	800m	FINAL	9:30	9:15
18	100m	HEAT	10:06	8:40	16	100m	HEAT	10:00	8:45
47	Triple Jump	FINAL	11:30	9:30	36	Triple Jump	FINAL	11:00	9:30
69	400m	HEAT	13:12	10:18	68	400m	HEAT	13:06	10:24
75	Shot Put	FINAL	13:30	18:00	76	Shot Put	FINAL	13:30	18:00
112	100m	FINAL	15:21	18:16	109	100m	FINAL	15:18	18:18
115	High Jump	FINAL	15:30	19:30	116	High Jump	FINAL	15:30	19:30
136	400m	FINAL	16:51	18:56	135	400m	FINAL	16:48	18:58
143	1500m Walk	FINAL	17:35	20:05	144	1500m Walk	FINAL	17:35	20:05

<b>Under 14 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 14 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
5	Long Jump	FINAL	9:30	8:00	6	Long Jump	FINAL	9:30	8:00
26	800m	FINAL	10:29	8:00	25	800m	FINAL	10:24	8:05
39	100m	HEAT	11:06	8:50	37	100m	HEAT	11:00	8:55
55	Javelin	FINAL	12:00	9:00	64	400m	HEAT	12:54	10:36
67	400m	HEAT	13:00	10:30	70	Javelin	FINAL	13:15	18:00
96	100m	FINAL	14:48	18:20	94	100m	FINAL	14:42	18:22
97	Discus	FINAL	14:50	19:30	98	Discus	FINAL	14:50	19:30
125	400m	FINAL	16:21	19:00	124	400m	FINAL	16:18	19:02
145	1500m Walk	FINAL	17:50	20:20	146	1500m Walk	FINAL	17:50	20:20
<b>Under 15 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 15 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
7	High Jump	FINAL	9:30	8:00	8	High Jump	FINAL	9:30	8:00
23	800m	FINAL	10:19	8:10	21	800m	FINAL	10:14	8:15
54	100m	HEAT	11:42	9:00	49	100m	HEAT	11:36	9:03
72	400m	HEAT	13:24	10:42	71	400m	HEAT	13:18	10:45
77	Triple Jump	FINAL	13:30	18:00	78	Triple Jump	FINAL	13:30	18:00
107	100m	FINAL	15:15	18:24	106	100m	FINAL	15:12	18:26
110	Shot Put	FINAL	15:20	19:30	111	Shot Put	FINAL	15:20	19:30
129	400m	FINAL	16:33	19:04	128	400m	FINAL	16:30	19:06
147	1500m Walk	FINAL	18:05	20:35	148	1500m Walk	FINAL	18:05	20:35
<b>Under 16 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 16 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
19	800m	FINAL	10:09	8:20	17	800m	FINAL	10:04	8:25
48	100m	HEAT	11:30	9:06	42	100m	HEAT	11:24	9:09
52	Discus	FINAL	11:40	9:30	53	Discus	FINAL	11:40	9:30
61	Long Jump	FINAL	12:45	18:00	62	Long Jump	FINAL	12:45	18:00
82	400m	HEAT	13:36	10:48	79	400m	HEAT	13:30	10:51
99	100m	FINAL	14:51	18:28	95	100m	FINAL	14:45	18:30
117	Javelin	FINAL	15:55	20:00	108	Javelin	FINAL	15:15	19:00
134	400m	FINAL	16:45	19:08	133	400m	FINAL	16:42	19:10
149	1500m Walk	FINAL	18:20	20:50	150	1500m Walk	FINAL	18:20	20:50
<b>Under 17 Boys</b>		<b>Time</b>	<b>Hot Time</b>	<b>Under 17 Girls</b>		<b>Time</b>	<b>Hot Time</b>		
15	800m	FINAL	9:59	8:30	14	800m	FINAL	9:54	8:35
41	100m	HEAT	11:18	9:12	40	100m	HEAT	11:12	9:15
56	Discus	FINAL	12:25	10:00	57	Discus	FINAL	12:25	10:00
80	Long Jump	FINAL	13:30	18:00	81	Long Jump	FINAL	13:30	18:00
84	400m	HEAT	13:48	10:54	83	400m	HEAT	13:42	10:57
90	100m	FINAL	14:33	18:32	89	100m	FINAL	14:30	18:34
127	400m	FINAL	16:27	19:12	91	Javelin	FINAL	14:35	19:00
130	Javelin	FINAL	16:35	20:00	126	400m	FINAL	16:24	19:14
151	1500m Walk	FINAL	18:35	21:05	152	1500m Walk	FINAL	18:35	21:05

# The South Australian Little Athletics Association Inc 2011/2012 State Individual Championships

## Proposed Program Sunday 25<sup>th</sup> March 2012

<b>Under 9 Boys</b>				<b>Under 9 Girls</b>					
		<b>Time</b>	<b>Hot Time</b>			<b>Time</b>	<b>Hot Time</b>		
160	800m	FINAL	9:36	19:28	153	800m	FINAL	9:30	19:34
164	Discus	FINAL	10:00	8:00	165	60m Hurdles	HEAT	10:00	8:07
168	60m Hurdles	HEAT	10:07	8:00	166	Discus	FINAL	10:00	8:00
202	200m	HEAT	11:56	8:40	200	200m	HEAT	11:50	8:45
208	Long Jump	FINAL	12:10	9:30	209	Long Jump	FINAL	12:10	9:30
240	70m	HEAT	13:47	9:30	239	70m	HEAT	13:40	9:37
249	60m Hurdles	FINAL	14:40	18:00	254	60m Hurdles	FINAL	14:42	18:02
266	70m	FINAL	15:26	18:50	265	70m	FINAL	15:24	18:52
290	200m	FINAL	16:07	18:30	289	200m	FINAL	16:04	18:32
<b>Under 10 Boys</b>				<b>Under 10 Girls</b>					
		<b>Time</b>	<b>Hot Time</b>			<b>Time</b>	<b>Hot Time</b>		
162	800m	FINAL	9:48	19:40	161	800m	FINAL	9:42	19:46
175	Shot Put	FINAL	10:25	8:00	173	60m Hurdles	HEAT	10:19	8:27
176	60m Hurdles	HEAT	10:26	8:20	174	Shot Put	FINAL	10:20	8:00
207	200m	HEAT	12:08	8:50	205	200m	HEAT	12:02	8:55
220	High Jump	FINAL	12:50	9:30	221	High Jump	FINAL	12:50	9:30
255	60m Hurdles	FINAL	14:49	18:10	257	60m Hurdles	FINAL	14:51	18:12
288	200m	FINAL	16:01	18:34	283	200m	FINAL	15:58	18:36
<b>Under 11 Boys</b>				<b>Under 11 Girls</b>					
		<b>Time</b>	<b>Hot Time</b>			<b>Time</b>	<b>Hot Time</b>		
180	60m Hurdles	HEAT	10:40	8:34	178	60m Hurdles	HEAT	10:33	8:41
187	1500m	FINAL	11:09	19:10	186	1500m	FINAL	11:00	19:19
212	200m	HEAT	12:20	9:00	211	200m	HEAT	12:14	9:05
224	Discus	FINAL	13:00	18:00	225	Discus	FINAL	13:00	18:00
258	60m Hurdles	FINAL	14:53	18:14	259	60m Hurdles	FINAL	14:55	18:16
271	200m	FINAL	15:40	18:38	272	200m	FINAL	15:43	18:40
276	Long Jump	FINAL	15:50	19:30	277	Long Jump	FINAL	15:50	19:30
<b>Under 12 Boys</b>				<b>Under 12 Girls</b>					
		<b>Time</b>	<b>Hot Time</b>			<b>Time</b>	<b>Hot Time</b>		
154	Triple Jump	FINAL	9:30	8:00	155	Triple Jump	FINAL	9:30	8:00
185	60m Hurdles	HEAT	10:59	8:55	184	60m Hurdles	HEAT	10:52	9:02
194	1500m	FINAL	11:27	19:52	190	1500m	FINAL	11:18	20:01
195	Shot Put	FINAL	11:30	9:30	193	Shot Put	FINAL	11:25	9:30
215	200m	HEAT	12:32	9:10	213	200m	HEAT	12:26	9:15
260	60m Hurdles	FINAL	15:02	18:25	261	60m Hurdles	FINAL	15:04	18:27
274	200m	FINAL	15:46	18:42	275	200m	FINAL	15:49	18:44
284	High Jump	FINAL	16:00	18:00	285	High Jump	FINAL	16:00	18:00
<b>Under 13 Boys</b>				<b>Under 13 Girls</b>					
		<b>Time</b>	<b>Hot Time</b>			<b>Time</b>	<b>Hot Time</b>		
156	Long Jump	FINAL	9:30	8:00	157	Long Jump	FINAL	9:30	8:00
183	1500m	FINAL	10:51	20:10	181	1500m	FINAL	10:42	20:19
192	80m Hurdles	HEAT	11:23	9:20	189	80m Hurdles	HEAT	11:16	9:27
204	Javelin	FINAL	12:00	10:00	217	200m	HEAT	12:38	8:05
219	200m	HEAT	12:44	8:00	230	Javelin	FINAL	13:15	18:00
262	80m Hurdles	FINAL	15:16	18:35	263	80m Hurdles	FINAL	15:18	18:37
279	200m	FINAL	15:52	18:10	282	200m	FINAL	15:55	18:12
286	Discus	FINAL	16:00	19:00	287	Discus	FINAL	16:00	19:00

<b>Under 14 Boys</b>			<b>Time</b>	<b>Hot Time</b>	<b>Under 14 Girls</b>			<b>Time</b>	<b>Hot Time</b>
167	1500m	FINAL	10:02	20:28	163	1500m	FINAL	9:54	20:36
182	Triple Jump	FINAL	10:45	9:30	196	80m Hurdles	HEAT	11:30	9:34
201	90m Hurdles	HEAT	11:50	9:50	198	Triple Jump	FINAL	11:40	9:30
223	200m	HEAT	12:56	8:10	222	200m	HEAT	12:50	8:15
232	Shot Put	FINAL	13:20	18:00	228	Shot Put	FINAL	13:10	18:00
256	High Jump	FINAL	14:50	19:15	246	High Jump	FINAL	14:30	19:15
270	90m Hurdles	FINAL	15:38	18:50	264	80m Hurdles	FINAL	15:20	18:39
291	200m	FINAL	16:10	18:14	292	200m	FINAL	16:13	18:16
<b>Under 15 Boys</b>			<b>Time</b>	<b>Hot Time</b>	<b>Under 15 Girls</b>			<b>Time</b>	<b>Hot Time</b>
172	1500m	FINAL	10:18	20:44	169	1500m	FINAL	10:10	20:52
191	Discus	FINAL	11:20	9:30	188	Discus	FINAL	11:10	9:30
214	100m Hurdles	HEAT	12:28	10:10	210	90m Hurdles	HEAT	12:11	9:57
227	200m	HEAT	13:08	8:20	226	200m	HEAT	13:02	8:23
233	Long Jump	FINAL	13:20	18:00	231	Long Jump	FINAL	13:15	18:00
241	200m Hurdles	HEAT	14:20	10:30	244	200m Hurdles	HEAT	14:26	10:33
273	Javelin	FINAL	15:45	20:00	247	Javelin	FINAL	14:30	19:00
278	100m Hurdles	FINAL	15:50	19:05	267	90m Hurdles	FINAL	15:32	18:52
298	200m	FINAL	16:25	18:18	295	200m	FINAL	16:16	18:20
301	200m Hurdles	FINAL	16:50	21:15	304	200m Hurdles	FINAL	16:56	21:17
<b>Under 16 Boys</b>			<b>Time</b>	<b>Hot Time</b>	<b>Under 16 Girls</b>			<b>Time</b>	<b>Hot Time</b>
158	High Jump	FINAL	9:30	8:00	159	High Jump	FINAL	9:30	8:00
179	1500m	FINAL	10:34	21:00	177	1500m	FINAL	10:26	21:00
216	100m Hurdles	HEAT	12:35	10:13	203	90m Hurdles	HEAT	11:57	10:00
234	200m	HEAT	13:20	8:26	229	200m	HEAT	13:14	8:29
237	Triple Jump	FINAL	13:35	18:00	238	Triple Jump	FINAL	13:35	18:00
242	200m Hurdles	HEAT	14:22	10:36	245	200m Hurdles	HEAT	14:28	10:39
250	Shot Put	FINAL	14:40	19:30	251	Shot Put	FINAL	14:40	19:30
280	100m Hurdles	FINAL	15:52	19:07	268	90m Hurdles	FINAL	15:34	18:54
299	200m	FINAL	16:28	18:22	296	200m	FINAL	16:19	18:24
302	200m Hurdles	FINAL	16:52	21:19	305	200m Hurdles	FINAL	16:58	21:21
<b>Under 17 Boys</b>			<b>Time</b>	<b>Hot Time</b>	<b>Under 17 Girls</b>			<b>Time</b>	<b>Hot Time</b>
170	High Jump	FINAL	10:15	8:30	171	High Jump	FINAL	10:15	8:30
199	1500m	FINAL	11:44	21:00	197	1500m	FINAL	11:36	21:00
218	100m Hurdles	HEAT	12:42	10:16	206	90m Hurdles	HEAT	12:04	10:03
236	200m	HEAT	13:32	8:32	235	200m	HEAT	13:26	8:35
243	200m Hurdles	HEAT	14:24	10:42	248	200m Hurdles	HEAT	14:30	10:45
252	Triple Jump	FINAL	14:40	18:30	253	Triple Jump	FINAL	14:40	18:30
281	100m Hurdles	FINAL	15:54	19:09	269	90m Hurdles	FINAL	15:36	18:56
293	Shot Put	FINAL	16:15	20:00	294	Shot Put	FINAL	16:15	20:00
300	200m	FINAL	16:31	18:26	297	200m	FINAL	16:22	18:28
303	200m Hurdles	FINAL	16:54	21:23	306	200m Hurdles	FINAL	17:00	21:25