

MAGILL LITTLE ATHLETICS CENTRE



NEWSLETTER

October 2011

www.magill-lac.org

Welcome to the 2011-12 season of Little Athletics at Magill. The new Committee members have all worked hard in the off-season to ensure a smooth start to the season. A range of uniforms are in stock, and available now. Our home is at Pembroke's Cricket and Football Oval, and we are grateful to Peter Dean for his continued support of athletics. This year sees Little Athletics celebrate its 40th Anniversary. Thanks to IGA for supporting athletics and especially to the Leabrook IGA on Glynburn Road for being our local IGA store/supplier and supporter.

New Members and Visitors

Magill Little Athletics Club would like to welcome all new and previous members and families for this season. Please direct your questions or queries to any Committee member, wearing a green club shirt, we are here to help. Bruce Smith from SA Little Athletics Association ("SALAA") will attend the Club's Come and Try Day on 9th October for a parents' officiating clinic.

Our 2011-2012 Committee Members are:

President – Mike Henson

Vice President – David Dew

Secretary – Julie Allum

Treasurer - Leah Sandery

Registrar – Jane Pellew (Binks)

Recorder – Sarah Peck

Sue Damin – Catering and New Member Contact

Uniforms – Olivia Becker

Keeping up-to-date with club information

This year we will be distributing our club newsletter quarterly on-line on our website: www.magill-lac.org A copy of the newsletter will also be posted on the club's notice board displayed at each meet. Forms and programs required to enter SALAA run events are available on our website - forms will need to be completed and then handed back to either the club president or secretary. Dates of all events are in the year book, on our website and on the MLAC Programme for 2011-2012, so we are hoping athletes, with the support of their families, will take responsibility for making decisions regarding which events they wish to enter. The year book and website hold a lot of information for the upcoming season, so please make sure you become familiar with these important resources. Of course, arriving on time (i.e. by 8.45am) will assist in keeping up-to-date as all important club information is presented at the start of each weekly meet.

Off Season Clean-up

Thanks to the Committee members and other parent helpers who attended our spring clean-up. The storage shed is much cleaner and well ordered. Keeping it that way, whilst sharing it with Pembroke School, is our next challenge. Thank you to Mr Pride for offering to make some new starter poles.

Magill Little Athletics Web Site

Our club website is up and running, so if you need to check the program or want any information, log on to www.magill-lac.org or go to Google and search Magill Little Athletics... we are linked! Thank you to David Dew for maintaining the website.

Uniform News

Stocked and ready to sell! Uniform sales are available each Sunday prior to our 9am start. The club uniform is compulsory for all athletes. This year, U/9 and older athletes will have a choice of either bike pants or running (rugby) shorts.

Tiny Tots

The club welcomes Danielle Kemp as the new Tiny Tots Co-ordinator - thank you for offering to become the co-ordinator for this season and also thank you to Jason Homa for offering to be back-up co-ordinator/support for Tiny Tots. Our Tiny Tots are set for even more fun!

Any Questions?

Getting started at Little Athletics can seem daunting, but the committee are here to help, so please ask if you have any questions.

BBQ / Canteen

Our weekly BBQ is our MAIN fundraiser. This season we plan to sell veggie patties (like 2 seasons ago) as well as sausages. An age group roster for cooking the bbq is being implemented this season, commencing with U/13+ parents and working down the age groups (the relevant age group will be reminded weekly). Two parents will be required to commence setting up and cooking the bbq from approx. 10am.

Help would also be appreciated with selling the canteen items (including bbq products). Please see Sue Damin, or any committee member, if you can help.

[See next page]

Cross Country

MLAC would like to offer congratulations to the following athletes for their achievements in the 2011 Cross Country season: Joe Cross (U8 boys) - 2nd in fun event; Bethany Cross (U10 girls) – 7th in 1500m; Anna Cross (U12 girls) – 3rd (bronze) in 1200m and Alistair Griffin (U15 boys) – 2nd (silver) in 3000m.

Dates to Remember

October 23 rd	Cake Stall (fundraiser – please bake!)
October 30 th	Nominations close for Relay Day
November 13 th	Regional Day (West Lakes)
November 20 th	North East Challenge (Campbelltown)
December 4 th	Relay Day (Santos U9+)
December 9 th	Closing day for SALAA Holiday Clinic
December 11 th	Grandparents Day / Cake Day (fundraiser)
January 13 th	Nominations close for Multi Event Day
January 22 nd	Personal Best Day (Santos)
February 12 th	Nominations close for State Day
February 19 th	Multi-Event Day at Magill / Cake Day
February 26 th	Multi-Event Day (Santos U9+)
March 1 st	Nominations close State Championship
March 24/25 th	State Championships (Santos)

Cake Days

Included in the 'Dates to Remember' above are 3 Cake Days. These are being included as a fund raiser for the club, to fund coaches, new equipment etc. Your help in providing / buying cakes would be greatly appreciated as the funds will benefit all MLAC athletes. For the cooks amongst you, please notify our catering manager, Sue Damin (0409 363 063 / suedamin@internode.on.net) a week before of your plans to bake.

Parental Supervision and Help

It is a requirement of our club that **all children have a parent or adult guardian in attendance**. Please remember that this is for your child's safety and well-being. Sending an older sibling is fine as long as they are over the age of 18. Thank you in advance for your help for the 2011-2012 season. We are all parent volunteers and your help ensures the smooth running of our Club.

Coaching

The club would love to hear from any parent/carer who would be willing to assist with the athletes' warm-up at the beginning of the session, or who would be able to offer assistance with coaching at the different events. Please contact a committee member if you are able to assist. The committee are looking at the possibility of coaches for the Sunday meets and also for a week night training squad. Members will be updated accordingly.

SALAA are running a Holiday Clinic on 16-20th January 2012. The closing date for applications is 9th December 2011. The Holiday Clinic offers:

- for U10+, a 5 day clinic; and
- for U9, a mini-clinic run on Thursday and Friday.

Events Specific Coaching Courses and Clinics

There is an opportunity for interested parents to bring their children along to events specific training sessions run by SALAA, and at the same time for parents to receive coaching and officiating guidance. Please see Mike Henson or David Dew if you are interested in attending.

Good luck as the 2011-12 Season begins