



MAGILL LITTLE ATHLETICS CENTRE

NEWSLETTER

FEBRUARY 2012

Personal Best Day at Santos saw 24 athletes attend, all of whom coped well with the hot weather program. All the athletes tried their hardest and many achieved multiple personal bests – well done! Thank you to Cameron and Lisette for their help manning Discus 4 and to athletes Charlotte Peck, Isaac and Alex A-H, Sarah Damin and Dillon Crouch for assisting parents at Discus 4.

Dates to Remember

22nd February After school coaching clinic 16:00

26th February Multi Event Day, Santos

7th March After school coaching clinic 16:00

21st March After school coaching clinic 16:00

24th/25th March State Championship, Santos

4th April AGM and Presentation Evening

May cross country season starts

Multi-Event Day

Multi-Event Day is held on the 26th February at Santos Stadium. The start time and program can be found on the SALAA website (hot weather program occurs when the predicted temperature is 36 degrees centigrade on the Saturday prior to the meet). Athletes compete in 5 events and are given points for each performance. MLAC parents will be responsible for manning an event. Mike will allocate parents to help with officiating on the day. Good luck to attending MLAC athletes. Tiny Tots and U6-U8 will compete at Magill as usual. Thank you to Jason

Homa, David Dew and some parent volunteers for co-ordinating the event at Magill.

Qualifying for State Day

Each week a list is posted on the notice board to indicate which U9+ athletes have reached the qualifying standard to compete in the State Individual Championships. It is now time to start planning for this day. Athletes that have qualified can bring their entry form (found on MLAC or SALAA website) and entry fee of \$3.00 per event and give to either Mike or Julie. All entries must be received on or before 19th February. Late entries will not be considered. Please note that only performances achieved after registration count.

Presentation/AGM Night

The date has now been set for Presentation Night and is to be held on the **4th April at 6pm**. We will meet at the Grandstand on Pembroke Oval. Everyone is welcome, please bring a plate to share and come along and enjoy the night.

Magill AGM

In accordance with our constitution, our AGM will be held on the **4th April**, anybody interested in filling a committee role please register your interest with Mike or Julie by the 4th March. A list of roles and a nomination form will be available from Mike or Julie.

Committee positions listed below:

President	Vice-president
Secretary	Uniforms
Treasurer	Canteen co-ordinator
Registrar	Recorder(s)
Coaching/Officiating Co-ordinator	Tiny Tots Co-ordinator

MLAC require volunteers to assist with Registrations and Uniforms. These volunteers would be needed for a shorter period of time of approximately 6-8 weeks at the beginning of the season. Please consider committing a little extra time to our club as the beneficiaries are our kids. What better reason do you need!

MLAC News

Photo Day - MLAC would like to say a big thank you to Audra's parents for doing such a fine job organizing and taking the age group

photos this year, they will be ready for collection at the Presentation Night/AGM.

Clean Up Australia Campaign (CUAC) - Ian Keirnan, an accomplished solo yachtsman, was inspired to set up the CUAC back in 1989 after being horrified at seeing how much rubbish was floating around in even the world's remotest waters like the Saragossa Sea. MLAC was approached to assist with the media launch for the 2012 CUAC Day, the theme "being a good sport" and "joining a good team" and Little Athletics fitted the Campaign's image. On the day 14 MLAC athletes took part in a photo shoot to highlight the need to be responsible for picking up our rubbish to help keep Australia clean. MLAC would like to thank all the kids involved for being such a credit to the club, and to their parents for breaking them out of school. Photos will be posted on the notice board.

High Jump Mat and Uprights - The Committee has purchased a smaller high jump mat and uprights to assist with the younger athletes at the high jump.

Sun Shade - The **Commonwealth Bank, Norwood Branch** has kindly donated a one-off monetary sum, which has been used to purchase a sunshade to be utilized to offer shade and a meeting point at home and away meets.

Uniform - It has been proposed that a new t-shirt be introduced to the current uniform for next season to bring it in line with sun smart guidelines (including a collar). The new design is currently under progress and will be rolled out next season once agreement has been obtained from SALAA, with the current t-shirt being discontinued over a two year roll-out period.

Events Specific Training Night (at Pembroke School) - The first after school training session will be held on the 8th February from 16:00 at Pembroke Oval (Haslam). The sessions are being run by Adrian Barei who has kindly offered to help with coaching at MLAC (he is an experienced athlete and a level two athletics coach with children in U8G and U9B), he will be assisted by Lisette and Cameron. The sessions will focus be on throwing and jumping initially and will run on alternative Wednesdays - 22nd February, 7th March, 21st March.