

# The South Australian Little Athletics Association Inc 2011/2012 IGA State Track Relay Championships

## Proposed Program Sunday 4<sup>th</sup> December 2011

U11 Girls	4x200m	Heats	9:00
U11 Boys	4x200m	Heats	9:12
U10 Girls	4x200m	Heats	9:24
U10 Boys	4x200m	Heats	9:36
U9 Girls	4x200m	Heats	9:48
U9 Boys	4x200m	Heats	10:00
U12 Girls	4x400m	Heats	10:15
U12 Boys	4x400m	Heats	10:30
<b>March Past &amp; Opening</b>			<b>11:00</b>
Mums	4x100m	Final	11:40
Dads	4x100m	Final	11:50
U11 Girls	4x100m	Heats	12:00
U11 Boys	4x100m	Heats	12:12
U10 Girls	4x100m	Heats	12:24
U10 Boys	4x100m	Heats	12:36
U9 Girls	4x100m	Heats	12:48
U9 Boys	4x100m	Heats	13:00
U12 Girls	4x100m	Heats	13:12
U12 Boys	4x100m	Heats	13:24
U13 Girls	4x400m	Heats	13:50
U13 Boys	4x400m	Heats	14:05
U14 Girls	4x400m	Heats	14:20
U14 Boys	4x400m	Heats	14:30
U11 Girls	4x200m	Final	14:40
U11 Boys	4x200m	Final	14:45
U10 Girls	4x200m	Final	14:50
U10 Boys	4x200m	Final	14:55
U9 Girls	4x200m	Final	15:00
U9 Boys	4x200m	Final	15:05
U12 Girls	4x400m	Final	15:10
U12 Boys	4x400m	Final	15:16
U13 Girls	4x100m	Heats	15:31
U13 Boys	4x100m	Heats	15:39
U14 Girls	4x100m	Heats	15:47
U14 Boys	4x100m	Heats	15:55
U11 Girls	4x100m	Final	16:05
U11 Boys	4x100m	Final	16:09
U10 Girls	4x100m	Final	16:13
U10 Boys	4x100m	Final	16:17
U9 Girls	4x100m	Final	16:21
U9 Boys	4x100m	Final	16:25
U12 Girls	4x100m	Final	16:29
U12 Boys	4x100m	Final	16:33
U15 Girls	4x400m	Final	16:45
U15 Boys	4x400m	Final	16:51
U16 Girls	4x400m	Final	16:57
U16 Boys	4x400m	Final	17:03
U17 Girls	4x400m	Final	17:09
U17 Boys	4x400m	Final	17:15

U17 Mixed	4x400m	Final	17:21
U13 Girls	4x400m	Final	17:27
U13 Boys	4x400m	Final	17:33
U14 Girls	4x400m	Final	17:39
U14 Boys	4x400m	Final	17:45
U15 Girls	4x100m	Final	18:00
U15 Boys	4x100m	Final	18:04
U16 Girls	4x100m	Final	18:08
U16 Boys	4x100m	Final	18:12
U17 Girls	4x100m	Final	18:16
U17 Boys	4x100m	Final	18:20
U17 Mixed	4x100m	Final	18:24
U13 Girls	4x100m	Final	18:28
U13 Boys	4x100m	Final	18:32
U14 Girls	4x100m	Final	18:36
U14 Boys	4x100m	Final	18:40

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### Proposed Program Sunday 4<sup>th</sup> December 2011

U9 Girls	Long Jump	9:00
U10 Boys	Shot Put	9:00
U10 Girls	Shot Put	9:00
U11 Boys	High Jump	9:00
U11 Girls	High Jump	9:00
U12 Boys	Discus	9:00
U12 Girls	Discus	9:00
U9 Boys	Long Jump	9:00
U9 Girls	Shot Put	10:00
U12 Girls	Long Jump	10:00
U12 Boys	Long Jump	10:00
U11 Girls	Discus	10:00
U11 Boys	Discus	10:00
U10 Boys	High Jump	10:00
U9 Boys	Shot Put	10:00
U10 Girls	High Jump	10:00
U11 Girls	Long Jump	12:00
U10 Boys	Discus	12:00
U12 Girls	Shot Put	12:00
U12 Boys	Shot Put	12:00
U10 Girls	Discus	12:00
U9 Boys	High Jump	12:00
U9 Girls	High Jump	12:00
U11 Boys	Long Jump	12:00
U11 Boys	Shot Put	13:00
U12 Girls	High Jump	13:00
U11 Girls	Shot Put	13:00
U10 Girls	Long Jump	13:00
U10 Boys	Long Jump	13:00
U9 Girls	Discus	13:00
U9 Boys	Discus	13:00
U12 Boys	High Jump	13:00
U15 Girls	High Jump	14:00
U13 Boys	Long Jump	14:00
U13 Girls	Long Jump	14:00
U14 Boys	Shot Put	14:00
U14 Girls	Shot Put	14:00
U16 Boys	Discus	14:00
U16 Girls	Discus	14:00
U15 Boys	High Jump	14:00
U17 Boys	Discus	14:30
U17 Girls	Discus	14:30
U15 Boys	Discus	15:00
U16 Girls	Long Jump	15:00
U15 Girls	Discus	15:00
U14 Girls	High Jump	15:00
U14 Boys	High Jump	15:00
U13 Girls	Shot Put	15:00
U13 Boys	Shot Put	15:00

U16 Boys	Long Jump	15:00
U17 Boys	Long Jump	15:30
U17 Girls	Long Jump	15:30
U14 Boys	Discus	16:00
U16 Girls	Shot Put	16:00
U16 Boys	Shot Put	16:00
U15 Girls	Long Jump	16:00
U13 Girls	High Jump	16:00
U13 Boys	High Jump	16:00
U14 Girls	Discus	16:00
U15 Boys	Long Jump	16:00
U17 Boys	Shot Put	16:30
U17 Girls	Shot Put	16:30
U13 Girls	Discus	17:00
U16 Girls	High Jump	17:00
U16 Boys	High Jump	17:00
U15 Girls	Shot Put	17:00
U15 Boys	Shot Put	17:00
U14 Boys	Long Jump	17:00
U13 Boys	Discus	17:00
U14 Girls	Long Jump	17:00
U17 Boys	High Jump	17:30
U17 Girls	High Jump	17:30

# The South Australian Little Athletics Association Inc 2011/2012 IGA State Track Relay Championships

## Proposed Hot Weather Program Sunday 4<sup>th</sup> December 2011

This Hot Weather Program will apply if the forecast temperature is 36°C or higher. Refer General Rules 1.14.

Under 11 Boys	4x200m	Heats	8:00	Under 17 Girls	4x400m	Final	20:10
Under 11 Girls	4x200m	Heats	8:10	Under 17 Mixed	4x400m	Final	20:15
Under 10 Boys	4x200m	Heats	8:20	Under 15 Boys	4x100m	Final	20:25
Under 10 Girls	4x200m	Heats	8:30	Under 15 Girls	4x100m	Final	20:28
Under 9 Boys	4x200m	Heats	8:40	Under 16 Boys	4x100m	Final	20:31
Under 9 Girls	4x200m	Heats	8:50	Under 16 Girls	4x100m	Final	20:34
Under 12 Boys	4x400m	Heats	9:00	Under 17 Boys	4x100m	Final	20:37
Under 12 Girls	4x400m	Heats	9:10	Under 17 Girls	4x100m	Final	20:40
Under 13 Boys	4x400m	Heats	9:20	Under 17 Mixed	4x100m	Final	20:43
Under 13 Girls	4x400m	Heats	9:30				
Under 14 Boys	4x400m	Heats	9:40				
Under 14 Girls	4x400m	Heats	9:50				
Under 11 Boys	4x100m	Heats	10:00				
Under 11 Girls	4x100m	Heats	10:06				
Under 10 Boys	4x100m	Heats	10:12				
Under 10 Girls	4x100m	Heats	10:18				
Under 9 Boys	4x100m	Heats	10:24				
Under 9 Girls	4x100m	Heats	10:30				
Under 12 Boys	4x100m	Heats	10:36				
Under 12 Girls	4x100m	Heats	10:42				
Under 13 Boys	4x100m	Heats	10:48				
Under 13 Girls	4x100m	Heats	10:54				
Under 14 Boys	4x100m	Heats	11:00				
Under 14 Girls	4x100m	Heats	11:06				
Under 11 Boys	4x200m	Final	18:00				
Under 11 Girls	4x200m	Final	18:05				
Under 10 Boys	4x200m	Final	18:10				
Under 10 Girls	4x200m	Final	18:15				
Under 9 Boys	4x200m	Final	18:20				
Under 9 Girls	4x200m	Final	18:25				
Under 12 Boys	4x400m	Final	18:30				
Under 12 Girls	4x400m	Final	18:35				
Under 13 Boys	4x400m	Final	18:40				
Under 13 Girls	4x400m	Final	18:45				
Under 14 Boys	4x400m	Final	18:50				
Under 14 Girls	4x400m	Final	18:55				
Under 11 Boys	4x100m	Final	19:00				
Under 11 Girls	4x100m	Final	19:03				
Under 10 Boys	4x100m	Final	19:06				
Under 10 Girls	4x100m	Final	19:09				
Under 9 Boys	4x100m	Final	19:12				
Under 9 Girls	4x100m	Final	19:15				
Under 12 Boys	4x100m	Final	19:18				
Under 12 Girls	4x100m	Final	19:21				
Under 13 Boys	4x100m	Final	19:24				
Under 13 Girls	4x100m	Final	19:27				
Under 14 Boys	4x100m	Final	19:30				
Under 14 Girls	4x100m	Final	19:33				
Under 15 Boys	4x400m	Final	19:45				
Under 15 Girls	4x400m	Final	19:50				
Under 16 Boys	4x400m	Final	19:55				
Under 16 Girls	4x400m	Final	20:00				
Under 17 Boys	4x400m	Final	20:05				

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### Proposed Hot Weather Program Sunday 4<sup>th</sup> December 2011

This Hot Weather Program will apply if the forecast temperature is 36°C or higher. Refer General Rules 1.14.

Under 9 Boys	Long Jump	8:00	Under 16 Boys	Long Jump	18:45
Under 9 Girls	Long Jump	8:00	Under 16 Girls	Long Jump	18:45
Under 10 Boys	Shot Put	8:00	Under 17 Boys	Long Jump	18:45
Under 10 Girls	Shot Put	8:00	Under 17 Girls	Long Jump	18:45
Under 11 Boys	High Jump	8:00	Under 13 Boys	High Jump	19:30
Under 11 Girls	High Jump	8:00	Under 13 Girls	High Jump	19:30
Under 12 Boys	Discus	8:00	Under 14 Boys	Discus	19:30
Under 12 Girls	Discus	8:00	Under 14 Girls	Discus	19:30
Under 9 Boys	Shot Put	8:45	Under 15 Boys	Long Jump	19:30
Under 9 Girls	Shot Put	8:45	Under 15 Girls	Long Jump	19:30
Under 10 Boys	High Jump	8:45	Under 16 Boys	Shot Put	19:30
Under 10 Girls	High Jump	8:45	Under 16 Girls	Shot Put	19:30
Under 11 Boys	Discus	8:45	Under 17 Boys	Shot Put	19:30
Under 11 Girls	Discus	8:45	Under 17 Girls	Shot Put	19:30
Under 12 Boys	Long Jump	8:45	Under 13 Boys	Discus	20:15
Under 12 Girls	Long Jump	8:45	Under 13 Girls	Discus	20:15
Under 9 Boys	High Jump	9:30	Under 14 Boys	Long Jump	20:15
Under 9 Girls	High Jump	9:30	Under 14 Girls	Long Jump	20:15
Under 10 Boys	Discus	9:30	Under 15 Boys	Shot Put	20:15
Under 10 Girls	Discus	9:30	Under 15 Girls	Shot Put	20:15
Under 11 Boys	Long Jump	9:30	Under 16 Boys	High Jump	20:15
Under 11 Girls	Long Jump	9:30	Under 16 Girls	High Jump	20:15
Under 12 Boys	Shot Put	9:30	Under 17 Boys	High Jump	20:15
Under 12 Girls	Shot Put	9:30	Under 17 Girls	High Jump	20:15
Under 9 Boys	Discus	10:15			
Under 9 Girls	Discus	10:15			
Under 10 Boys	Long Jump	10:15			
Under 10 Girls	Long Jump	10:15			
Under 11 Boys	Shot Put	10:15			
Under 11 Girls	Shot Put	10:15			
Under 12 Boys	High Jump	10:15			
Under 12 Girls	High Jump	10:15			
Under 13 Boys	Long Jump	18:00			
Under 13 Girls	Long Jump	18:00			
Under 14 Boys	Shot Put	18:00			
Under 14 Girls	Shot Put	18:00			
Under 15 Boys	High Jump	18:00			
Under 15 Girls	High Jump	18:00			
Under 16 Boys	Discus	18:00			
Under 16 Girls	Discus	18:00			
Under 17 Boys	Discus	18:00			
Under 17 Girls	Discus	18:00			
Under 13 Boys	Shot Put	18:45			
Under 13 Girls	Shot Put	18:45			
Under 14 Boys	High Jump	18:45			
Under 14 Girls	High Jump	18:45			
Under 15 Boys	Discus	18:45			
Under 15 Girls	Discus	18:45			